

The mindset of PLAY!

*playfulness, connection, courage,
support, spontaneity and fun*

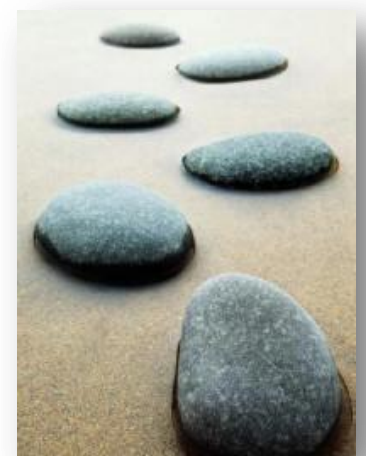
Keynote 14 April 2016

*Raymond van Driel
The Netherlands
(@f_act)*



Next steps..?

- *Would you like to learn more about Applied Improvisation and how it can help making people more playful?*
 - www.appliedimprovisation4trainers.com (Train-the-trainer for trainers and managers in Helsinki, 19 and 20 September 2016, English)
 - For Dutch and Belgian colleagues: www.f-act.com/tdt (dutch language)
 - www.appliedimprovisation.network (conference in Oxford, this August)
- *Or contact me on raymond@f-act.com!*





Confession

I secretly sell **Play** and
Playfulness to my clients

I call it however

“Personal leadership skills”

“Creating resilient organisations”

“Agile leadership training”

Etc. etc.



Why Playfulness?

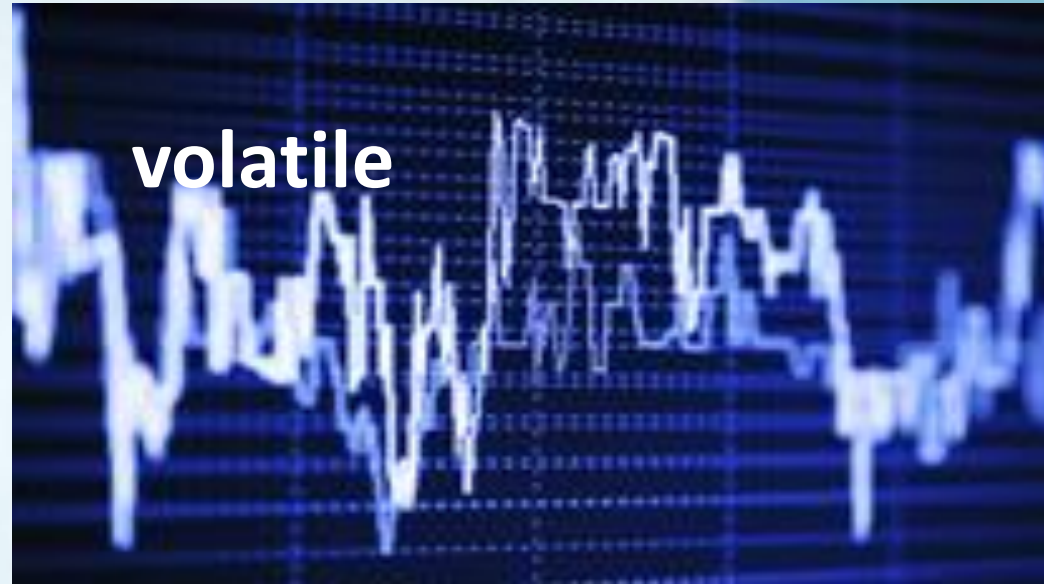
For me: to help my clients with *change*.

- So it's about
 - better dealing with change and unpredictability
 - more creative strategies by experimenting and allowing mistakes
 - creating energy and use that as a drive
 - Using improvisation as a skill for being able to redesign in the moment: after step 1 there's step 1, improvisation as a first choice, playfulness as a drive for better collaboration

The Conditions of Modern Times:



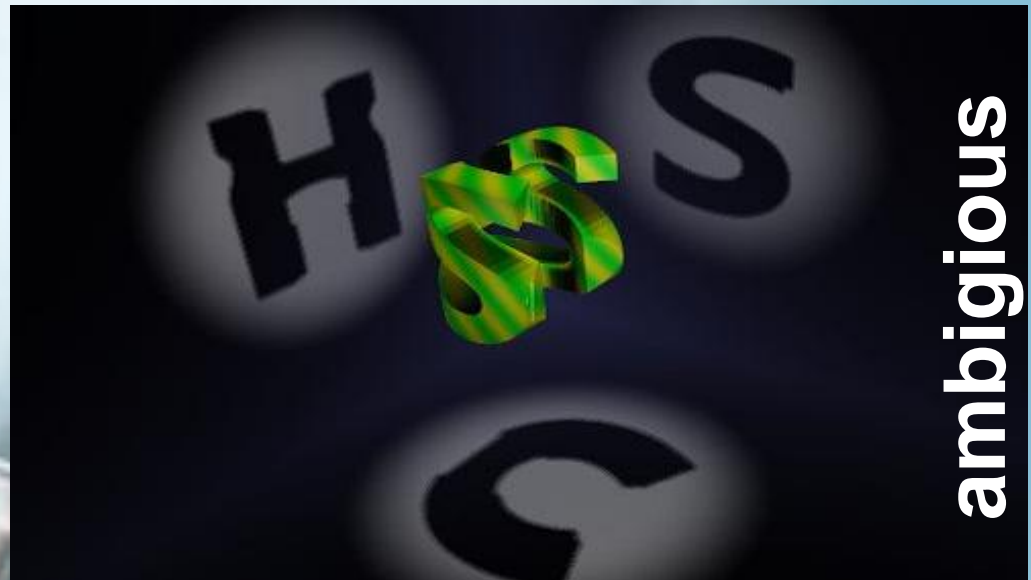
A “VUCA” world

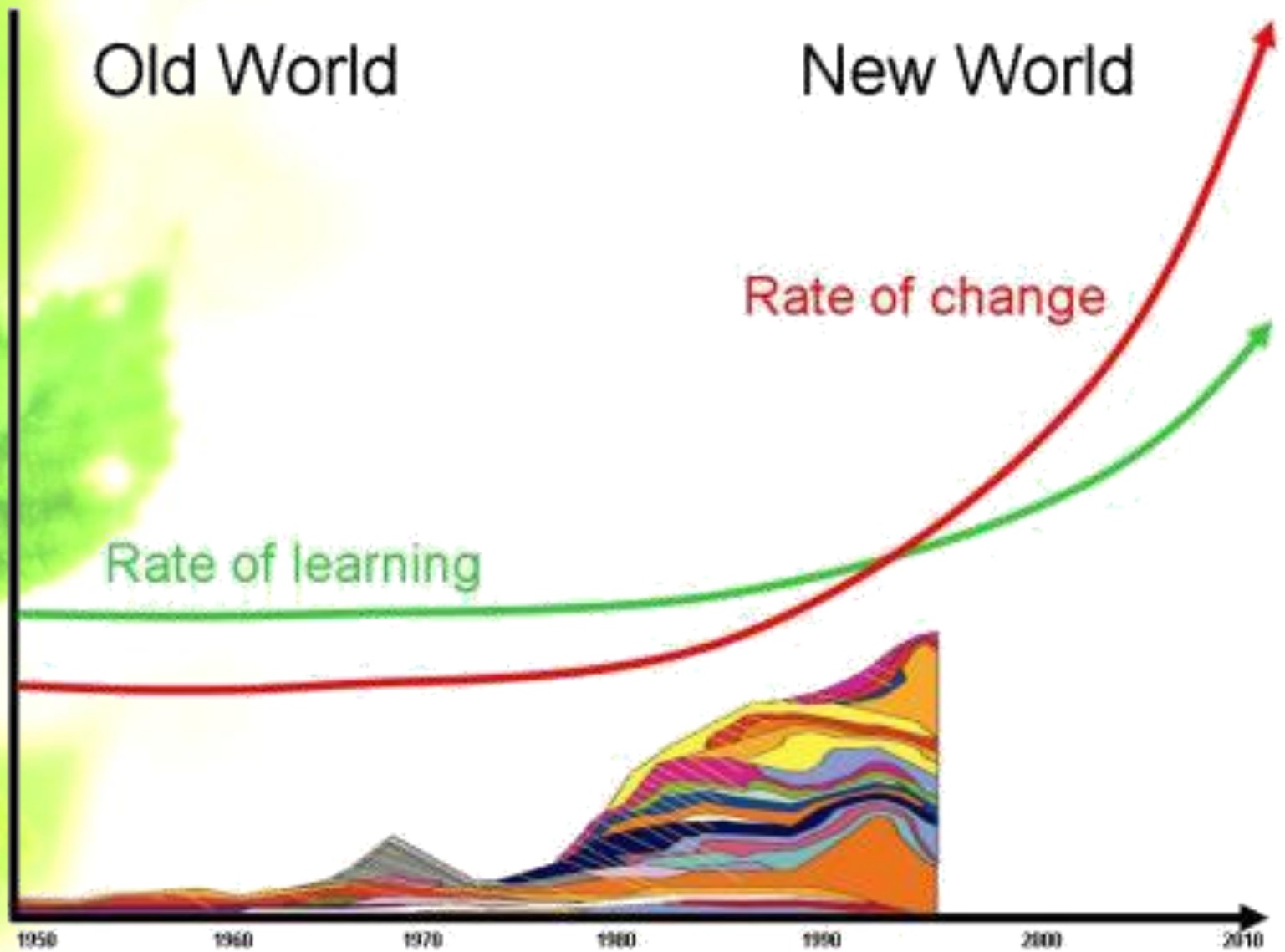


The Conditions of Modern Times:



A “VUCA” world





Eddie Obeng (2012)



So...Let's Play!

How to help people to play with each other?

The play factors

Permission

from yourself, others, culture

Courage

Be in your comfort zone to be able to get out of it

Mindset and skills

The PLAY! model





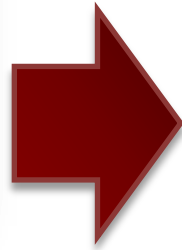
Improvisation theatre

Mindset & Skills

Applied Improvisation - Where it's used



Theatre



Business



... etc.

PLAY! model



PRESENCE

Be connected: attentive, in the moment, here and now

LEAP into it

*Experiment. Accept mistakes as a means to make progress.
Just do it.*

ADAPTIVENESS

*Be open to others, allow yourself and
your way of working to be changed*

YES, AND

*Say "Yes, and ..." to the New & Unexpected, build
upon each other's ideas, make the other look good*

! IMPACT

Have courage. Be bold, passionate, convinced and engaged

PLAY!



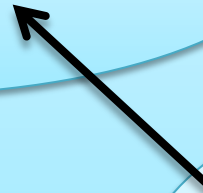
Adaptiveness

Impact!

Yes, and ...

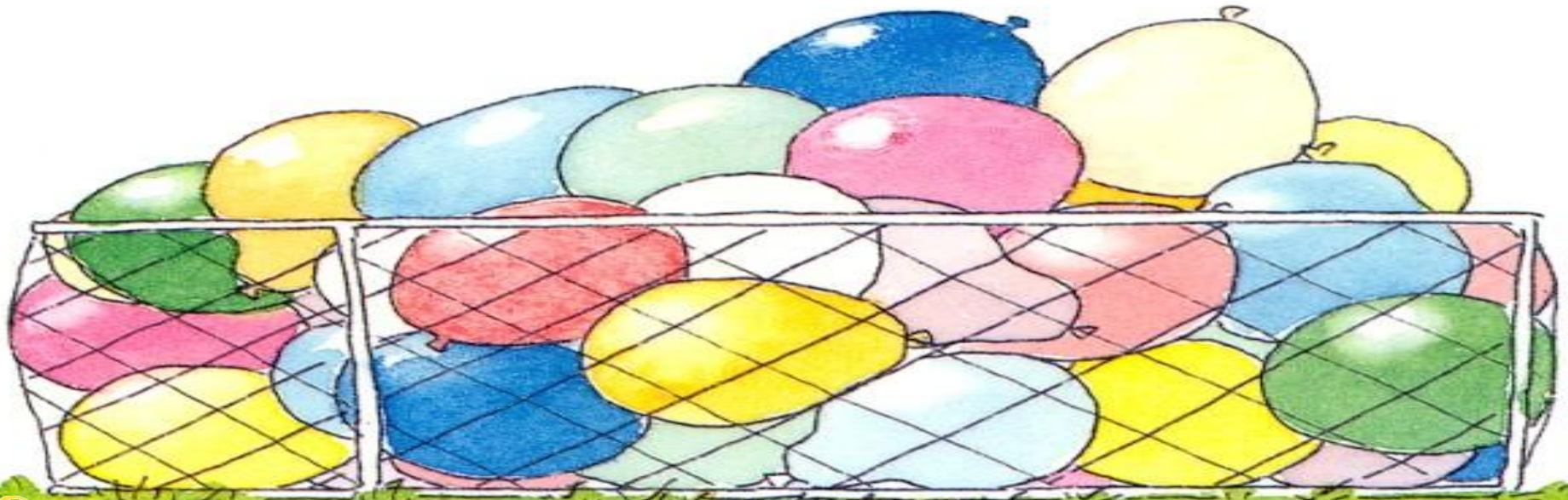
Presence

Leaping



Let's PLAY!

...



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